



**FOR IMMEDIATE RELEASE**

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## **2004 AVCA ALL-AMERICA TEAMS ANNOUNCED FOR DIVISION I WOMEN'S VOLLEYBALL**

LONG BEACH, Calif. - The American Volleyball Coaches Association (AVCA) is proud to announce the 24<sup>th</sup> annual AVCA All-America teams for Division I women's volleyball. The awards will be presented Dec. 17, 2004, at the AVCA All-America/Player of the Year Banquet at the Long Beach (Calif.) Westin Hotel.

Ohio State senior outside hitter Stacey Gordon and Stanford senior outside hitter Ogonna Nnamani have been selected AVCA All-Americans for the fourth time in their career. Southern California senior middle blocker Emily Adams was chosen to the AVCA All-America First-Team for the third consecutive season. Each of the three AVCA All-America Teams is comprised of 12 athletes. The AVCA National Player of the Year will be announced on Dec. 17 at the AVCA All-America/Players of the Year Banquet.

The selections are made by the AVCA Division I All-America Committee: chair – Janice Kruger, Maryland; Pi'i Aiu, Colorado; Rich Feller, California; Burt Fuller, Utah State; Judy Green, Alabama; Jill Hirschinger, New Hampshire; Nancy Mueller, Illinois-Chicago; and Mark Rosen, Michigan. The AVCA Awards Chair is Illinois State Head Coach Sharon Dingman.

### **2004 AVCA DIVISION I ALL-AMERICA FIRST-TEAM**

<b>Player</b>	<b>Institution</b>	<b>Pos.</b>	<b>Yr.</b>	<b>Ht.</b>	<b>Hometown</b>
Emily Adams ^*	University of Southern California	MB	Sr.	6-6	Phoenix, Arizona
Kelly Bowman	University of Minnesota	S/H	So.	5-10	Maple Grove, Minnesota
Keao Burdine #	University of Southern California	OH	Sr.	6-1	Pico Rivera, California
Melissa Elmer #	University of Nebraska	MB	Jr.	6-2	Fort Wayne, Indiana
Paula Gentil #!	University of Minnesota	DS/Lib	Jr.	5-9	Fortaleza Ceara, Brazil
Stacey Gordon #*&	The Ohio State University	OH	Sr.	5-11	Oshawa, Ontario, Canada
Kanoe Kamana'o @	University of Hawai'i	S	So.	5-8	Honolulu, Hawai'i
Ogonna Nnamani ^\$&	Stanford University	OH	Sr.	6-1	Normal, Illinois
Sarah Pavan	University of Nebraska	RS/Opp	Fr.	6-5	Kitchener, Ontario, Canada
Courtney Thompson	University of Washington	S	So.	5-8	Kent, Washington
Mira Topic !	University of Texas	OH	Sr.	6-3	Kastela Kambelovac, Croatia
Sam Tortorello #	Penn State University	S	Jr.	5-11	Shorewood, Illinois

### **2004 AVCA DIVISION I ALL-AMERICA SECOND-TEAM**

<b>Player</b>	<b>Institution</b>	<b>Pos.</b>	<b>Yr.</b>	<b>Ht.</b>	<b>Hometown</b>
Devon Forster	University of San Diego	OH	Sr.	6-1	Boulder, Colorado
Bethany Howden	University of Texas	MB	Sr.	6-2	Austin, Texas
Lindsey Hunter	University of Missouri	S	Jr.	5-10	Papillion, Nebraska
Laura Jones	Texas A&M University	OH	Jr.	6-2	Arlington, Texas
Camille Leffall	University of California	MB	Sr.	6-1	Upland, California
Marisa Main	The Ohio State University	S	So.	5-9	Louisville, Kentucky
Christal Morrison	University of Washington	OH	Fr.	6-2	Puyallup, Washington
Syndie Nadeau	Penn State University	RS/Opp	Sr.	6-1	St. Georges, Quebec, Canada
Victoria Prince	University of Hawai'i	MB	Jr.	6-0	Kennewick, Washington
Jennifer Saleaumua	University of Nebraska	OH	Jr.	5-11	National City, California
Kelly Wing @	University of California, Irvine	OH	Sr.	5-11	Murrieta, California
Chrissie Zartman	UCLA	DS/Lib	Sr.	5-5	Hermosa Beach, California

**(More)**

**ADD 1 – 2004 AVCA Division I All-America Teams**

**2004 AVCA DIVISION I ALL-AMERICA THIRD-TEAM**

<b>Player</b>	<b>Institution</b>	<b>Pos.</b>	<b>Yr.</b>	<b>Ht.</b>	<b>Hometown</b>
Lauren Brewster	University of Notre Dame	MB	Jr.	6-3	Brentwood, Tennessee
Bibiana Candelas ^	University of Southern California	MB	Jr.	6-5	Torreon, Mexico
Jane Collymore	University of Florida	OH	Jr.	6-0	Englewood, Colorado
Alexis Crimes	Long Beach State University	MB	Fr.	6-3	Rancho Cucamonga, California
Julie Knytych	University of Tennessee	S	Jr.	5-9	LaGrange Park, Illinois
Krystal McFarland	UCLA	S	Sr.	5-10	Ventura, California
Lynnette Moster @\$	Georgia Tech	OH	Sr.	5-10	Liberty, Indiana
Melissa Munsch #	Texas A&M University	MB	Sr.	6-1	Columbus, Texas
Jill Odenthal	University of Wisconsin	RS/Opp	Sr.	6-0	Geneva, Illinois
Alexandra Oquendo	University of Georgia	MB	Jr.	6-2	Guaynabo, Puerto Rico
Lindsey Sherburne	University of San Diego	S	Jr.	5-9	Saratoga, California
Ana Yartseva	University of Louisville	MB	So.	6-4	Anapa, Russia

^ indicates 2003 AVCA First-Team All-America selection

\* indicates 2002 AVCA First-Team All-America selection

% indicates 2001 AVCA First-Team All-America selection

# indicates 2003 AVCA Second-Team All-America selection

\$ indicates 2002 AVCA Second-Team All-America selection

& indicates 2001 AVCA Second-Team All-America selection

@ indicates 2003 AVCA Third-Team All-America selection

! indicates 2002 AVCA Third-Team All-America selection

**2004 AVCA Division I Freshman of the Year:** Sarah Pavan (University of Nebraska, Right Side/Opposite Hitter)

**2004 AVCA Division I Player of the Year:** Announced at AVCA All-America/Players of the Year Banquet on Dec. 17, 2004

**AVCA Honorable Mention All-Americans**

Briana Adamovsky (Ohio, S, Sr.)	Jennifer Hoffman (University of Louisville, MB, Jr.)
Stevi Adams (New Mexico State University, OH, Sr.)	Kristen Hurst (University of San Diego, RS/Opp, Sr.)
Jackie Ahlers (St. John's University, OH, Jr.)	Stephanie Istvan (Duke University, DS/Lib, Sr.)
Hayley Anderson (University of the Pacific, S, Sr.)	Lauren Kelbley (University of Notre Dame, OH, Jr.)
Iana Andonova (Florida Atlantic University, MB, Jr.)	Adriana Kostadinova (Florida A&M University, OH, Jr.)
Kristen Andre (University of Tennessee, MB, Jr.)	Lindsey Laband (Georgia Tech, S, Jr.)
Aida Antanaviciute (Saint Louis, MB, Jr.)	Candace Lee (University of Washington, DS/Lib, Jr.)
Sabrina Apker (Southwest Missouri State, MB, Jr.)	Erin Martin (University of Minnesota, OH, Sr.)
Faye Barhorst (University of Dayton, MB, So.)	Megan McGrane (University of Pittsburgh, DS/Lib, Jr.)
Jessica Belter (Illinois, RS/Opp, Sr.)	Megan Miller (University of Pittsburgh, MB, Sr.)
Sidney Bennett (University of the Pacific, MB, Jr.)	Amy Morris (University of Tennessee, OH, Jr.)
Cutrina Biddulph (American University, MB, Jr.)	Kristin Nelson (UC Santa Barbara, DS/Lib, Sr.)
Areal Bienemy (Butler University, MB, Sr.)	Kelli Nerison (Loyola Marymount University, MB, Sr.)
Kelly-Anne Billings (Marshall University, OH, Fr.)	Kaego Ogbechie (Harvard University, MB, Sr.)
Jamie Bouyer (Cleveland State University, MB, Sr.)	Stefanie Panzer (Appalachian State University, MB, Jr.)
Blair Buchanan (University at Albany, S, So.)	Michelle Piantadosi (University of Tennessee, OH, Sr.)
Michelle Chatman (University of Florida, MB, Sr.)	Molly Pyles (University of North Carolina, OH, Sr.)
Melissa Courtney (Colorado State University, S, Sr.)	Jen Ryan (Cal State Northridge, OH, Sr.)
Andrea Downs (Colorado State University, RS/Opp, Jr.)	Amanda Santos (Florida State University, MB, Sr.)
Kelly Duan (Syracuse University, RS/Opp, Jr.)	Kim Schram (Michigan State University, OH, Sr.)
Julie DuPont (University of Cincinnati, OH, Sr.)	Sheila Shaw (University of Wisconsin, MB, Jr.)
Leslie Finn (Clemson University, OH, Sr.)	Katie Jo Shirley-Cahoon (Colorado State University, MB, Sr.)
Karen Fruit (UW-Milwaukee, OH, Sr.)	Bing Sun (University of Louisville, RS/Opp, Sr.)
Jayne Gergen (Georgia Tech, MB, Sr.)	Valeria Tipiana (University of Miami, RS/Opp, Sr.)
Erica Gerth (Eastern Illinois University, OH, Sr.)	Gini Ullery (University of Pittsburgh, OH, Jr.)
Allie Griffin (University of Colorado, RS/Opp, Jr.)	Lena Ustymenko (University of Louisville, OH, Jr.)
Ali Hausfeld (Duke University, S, Fr.)	Christy Utnage (University of Dayton, OH, Sr.)
Erin Heffner (University of Alabama, OH, Sr.)	Rachel Wagener (University of Maryland, MB, Jr.)
Vali Hejjas (Kansas State, OH, Sr.)	Heather Watts (University of Memphis, S/H, Sr.)
Lyndsey Henderson (University of Utah, MB, Sr.)	Sherri Williams (University of Florida, MB, Sr.)
Mary Hock (Winthrop University, OH, Jr.)	Sara Younes (Wichita State University, RS/Opp, Sr.)
Lauren Holbrook (Loyola University Chicago, S, Sr.)	

(for bios, see following pages)

## **ADD 2 – AVCA All-America Teams**

### **AVCA All-America First-Team**

**Emily Adams**, a 6-6 senior middle blocker for Southern California, is a three-time AVCA All-American after averaging 1.40 blocks and 3.02 kills per game. She has attacked at a .399 clip in 2004, which ranks among the top 10. Adams has led the Trojans back into the NCAA semifinals.

**Kelly Bowman**, a 5-10 sophomore setter/hitter for Minnesota, averages 2.36 kills, 6.93 assists and 3.09 digs in a 6-2 offense. She has nine triple-doubles this season, including the region semifinal and final matches. Bowman hits at a .309 percentage in 2004.

**Keao Burdine**, a 6-1 senior outside hitter for Southern California, averages a team-leading 4.18 kills per game to go with a 3.41 dig average. She produced a 30-kill, 30-dig match in the region final against Nebraska. Burdine, a two-time AVCA All-American, also adds .30 aces per game.

**Melissa Elmer**, a 6-2 junior middle blocker for Nebraska, a two-time AVCA All-American, leads the nation in block average at 1.89 per game. She ranks among the Big 12 leaders with a .345 hitting percentage. Elmer has four matches with at least 10 blocks in 2004.

**Paula Gentil**, a 5-9 junior libero for Minnesota, is a three-time AVCA All-American who averages 6.69 digs per game in 2004. She broke the NCAA season record for total digs with 876 and is on pace to break the dig average record. With a year of eligibility left, Gentil has broken the Big Ten dig career record.

**Stacey Gordon**, a 5-11 senior outside hitter for Ohio State, was the Big Ten Player of the Year and is a four-time AVCA All-American. She averaged 7.08 kills, 3.73 digs and 0.55 blocks per game in 2004. Gordon has produced 20 or more kills in 24 of 34 matches in 2004 with a .359 attack percentage.

**Kanoë Kamana'o**, a sophomore setter for Hawai'i, is a two-time AVCA All-American. She led the Rainbow Wahine to a .257 team attack percentage and 31-1 season record. Kamana'o was the WAC Player of the Year with averages of 13.62 assists, 3.09 digs and 1.15 blocks per game.

**Ogonna Nnamani**, a 6-1 senior outside hitter for Stanford, is a four-time AVCA All-American with a season averages of 5.88 kills per game and a .343 attack percentage. She broke the Pac-10 career kills record. Nnamani also was named ESPN The Magazine Academic All-American of the Year by CoSIDA.

**Sarah Pavan**, a 6-5 freshman right side/opposite hitter for Nebraska, was named AVCA Division I Freshman of the Year with 4.46 kills and 1.20 blocks per game. She led all Big 12 freshmen with a .331 attack percentage. Pavan had six 20-kill efforts in her first season.

**Courtney Thompson**, a 5-8 sophomore setter for Washington, ranks second nationally for assists with a 14.66 average. She has paced the Huskies to a seventh-best .286 hitting percentage as Washington plays in its first national semifinals. Thompson has reached 3,000-career assists in just two seasons.

**Mira Topic**, a 6-3 senior outside hitter for Texas, ranks seventh nationally in kills per game. She was tabbed Big 12 Player of the Year while hitting well above .300. Topic, a two-time AVCA All-American, holds school records for career and season kills.

**Sam Tortorello**, a 5-11 junior setter for Penn State, is a two-time AVCA All-American after leading the Nittany Lions to a second seed in the NCAA Tournament. She averages 14.00 assists, 1.27 kills, 3.03 digs and 0.93 blocks per game. Tortorello has paced Penn State to a .282 hitting percentage.

(more)

### **ADD 3 – AVCA All-America Teams**

#### **AVCA Division I Second-Team All-America Bios**

**Devon Forster**, a 6-1 senior outside hitter for San Diego, paced the Toreros into the NCAA Sweet 16 for the first time in school history. She averaged 5.33 kills and 2.80 digs per game while hitting .263. Forster was named the West Coast Conference Player of the Year.

**Bethany Howden**, a 6-2 senior middle blocker for Texas, averaged 4.08 kills a game in 2004. She leads the Longhorns with 1.02 blocks per, in addition to a .378 attack percentage. Howden completed her career ranked third in school history for kills.

**Lindsey Hunter**, a 5-10 junior setter for Missouri, ranks fourth in the nation in assists per game with 14.43, a Tiger school record. She helped Missouri to a 20-9 record this season and berth in the NCAA Tournament second round. Hunter averaged nearly a kill a game.

**Laura Jones**, a 6-2 outside hitter for Texas A&M, set school records with 4.94 kills and 5.6 points per game. She paced the Aggies in kills in 21 of 28 matches, including 11 matches of 20 or more kills. Jones added 2.86 digs and 0.73 blocks per game.

Camille Leffall, a 6-1 senior middle blocker for California, aided the Golden Bears to their third straight NCAA Tournament berth. She broke her own school record with a .384 attack percentage and is now the career leader in the category at .363. Leffall also broke the school record for career blocks.

**Marisa Main**, a 5-9 sophomore setter for Ohio State, ranks second nationally in assists per game with a 14.88 average. She led the Buckeyes to a .313 team attack percentage and spot in the NCAA region finals. Main added 1.33 kills, 2.35 digs and 0.46 blocks per game.

**Christal Morrison**, a 6-2 freshman outside hitter for Washington, ranks second in the conference with 4.21 kills and 4.79 points per game. She has notched double-digit kills 25 times in her first collegiate season. Morrison, the AVCA Pacific Region Freshman of the Year, has 12 double-doubles.

**Syndie Nadeau**, a 6-1 senior right side/opposite hitter for Penn State, averaged 3.09 kills, 3.24 digs and 0.74 blocks per game. She had 17 doubles-doubles in 2004 with a .307 attack percentage. Nadeau was the first-ever Nittany Lion to claim Sports Imports/National Player of the Week.

**Victoria Prince**, a junior middle blocker for Hawai'i, averaged 1.63 blocks and 3.39 kills per game for the 31-1 Rainbow Wahine. She attacked at a .411 hitting percentage for the season. Prince had eight matches of .500 or better attack percentage in 2004.

**Jennifer Saleaumua**, a 5-11 junior outside hitter for Nebraska, averaged 3.78 digs and 3.08 kills per game as she landed on the AVCA All-Central Region for the second time. She recorded nine double-doubles in 2004. Saleaumua was chosen the Big 12 Co-Defensive Player of the Year.

**Kelly Wing**, a senior outside hitter for UC Irvine, averaged 5.78 kills, 3.19 digs and 0.55 aces per game in being named Big West Conference Player of the Year. She paced the Anteaters to their second straight NCAA Tournament appearance. Wing completed her career with 2,267 kills.

**Chrissie Zartman**, a 5-5 senior libero for UCLA, averaged 5.86 digs per game in 2004. She became the 10th player in Division I with 2,000-career digs. Zartman became the first libero to win Pac-10 Player of the Week and holds the league and school record for career digs.

(more)

## **ADD 4 – AVCA All-America Teams**

### **AVCA Division I Third-Team All-America Bios**

**Lauren Brewster**, a 6-3 junior middle blocker for Notre Dame, is one of two players averaging at least 1.50 blocks and 1.50 digs per game. She is a three-time All-BIG EAST selection. Brewster hit .313 with 3.62 kills per game in 2004.

**Bibiana Candelas**, a 6-5 junior middle blocker for Southern California, is a two-time AVCA All-American. She has helped the two-time defending champion Trojans back into the national semifinals. Candelas averages 3.05 kills and 1.03 blocks per game while hitting .401.

**Jane Collymore**, a 6-0 junior outside hitter for Florida, was named the SEC Player of the Year after averaging 5.03 kills, 3.08 digs, 0.47 aces and 0.60 blocks per game. She became the 13th Gator to reach 1,000-career kills. Collymore recorded 604 kills in 2004, the second-most in school history.

**Alexis Crimes**, a 6-3 freshman middle blocker for Long Beach State, helped the 49ers to a 24-7 record and NCAA postseason berth. She averaged 3.88 kills and 1.25 blocks per game. Crimes hit a team-high .374 en route to being named AVCA West Region Freshman of the Year.

**Julie Knytych**, a 5-9 junior setter for Tennessee, broke the school record for assists in a season as the Lady Vols advanced to the NCAA region semifinals. She led the offense to a .261 team attack percentage and 32-3 record. Knytych added averages of 0.96 kills and 2.57 digs.

**Krystal McFarland**, a 5-10 senior setter for UCLA, helped the Bruins to the region finals in 2004 despite being a 15th seed. She averaged 12.56 assists per game as UCLA hit .227 as a team. McFarland chipped in 1.12 kills, 2.51 digs and 0.56 blocks per game as the Bruins won 21 matches.

**Lynnette Moster**, a 5-10 senior outside hitter for Georgia Tech, was named the ACC Player of the Year in 2004 and is a three-time AVCA All-American. She averages 5.27 kills, 3.68 digs and 0.46 aces per game. Moster hit at a .313 clip in 2004.

**Melissa Munsch**, a 6-1 junior middle blocker for Texas A&M, is a two-time AVCA All-American that averaged 1.66 blocks, 3.07 digs and 0.44 aces per game. She is a three-time All-Big 12 selection and hit .307 this season with three triple-doubles. Munsch helped the Aggies to a 19-9 record.

**Jill Odenthal**, a 6-0 senior right side/opposite hitter for Wisconsin, helped the Badgers into the region finals as 14th seed in the NCAA Tournament. She averaged 3.06 kills, 1.95 digs and 0.83 blocks per game as Wisconsin won 22 matches in 2004. Odenthal produced 19 matches of double-digit kills.

**Alexandra Oquendo**, a 6-2 junior middle blocker for Georgia, broke the school record for attack percentage with a .410 mark, the highest in the SEC in 2004. She tallied a 35-kill match without an attack error versus Kentucky. Oquendo averaged 4.72 kills and 1.06 blocks per game.

**Lindsey Sherburne**, a 5-9 junior setter for San Diego, led the Toreros to a .267 team attack percentage and undefeated conference season. She ranks fifth nationally in assists per game with 14.14. Sherburne added 0.91 kills, 2.89 digs and 0.41 blocks per game.

**Ana Yartseva**, a 6-4 sophomore middle blocker for Louisville, finished the season hitting .447 for second best in Division I. She averaged 2.43 kills, 1.24 blocks and 2.49 digs per game. Yartseva helped the Cardinals into the NCAA region semifinals.

**- AVCA -**